

Self Advocate Leadership Network

November 21

2019

A meeting where 7 groups came together to learn and share. These groups want the self-advocacy movement to be strong and to grow. This meeting was about learning about our strengths and challenges and how we can help each other and other self-advocacy groups.

The Second
Meeting.

Bringing people together.

Sharing.

Learning together.

Having fun.

Connecting.

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Attendance:

Members:

1. Alex Magnussen, CLBC Strategic Initiative Advisor
2. Manjeet Ghangass, Self-Advocates of Semiahmoo
3. Dave Sherritt, BCPF
4. Lori Sheritt, BCPF
5. Bryce Shaufelberger, Mission Self-Advocacy Group, Self-Advocate Net, CLBC Editorial Board
6. Michaela Robinson, Self-Advocates of Semiahmoo
7. Michael McClellan, Inclusion BC Self-Advisory Committee
8. Krista Milne, Self-Advocates of Semiahmoo
9. Kara Anderson, Self-Advocates of Nanaimo

Supporters:

1. Jessica Humphreys, CLBC
2. Jillian Glennie, UNITI & Self-Advocates of Semiahmoo
3. Charmly Smith, Self-Advocates of Semiahmoo
4. Arlene Schouten, Mission & Abbotsford Self-Advocacy Group

The second meeting: VMOSA

The second meeting will focus on creating our message. What are our vision, mission, objectives, strategies and action plan?

Thursday Nov 21, 2019
9:45 - 3:15

Semiahmoo House Society,
15306, 24th ave surrey

AGENDA

- 9:45 - 10:00 Check In, Introductions
- 10:00 - 10:30 Review of last meeting
- 10:30 - 11:00 What is our vision?
What is the end goal for this group? What are we trying to do?
- 11:00 - 12:00 What is our mission?
What are we going to do? Why are we going to do this?
- 12:00 - 12:45 Lunch
Please bring your own lunch.
- 12:45 - 2:00 What are our objectives?
How are we going to achieve our mission?
- 2:00 - 2:45 What are our strategies?
How are we going do the objectives?
- 2:45 - 4:00 What is our action plan?
What change will happen? What are our roles?
- 4:00 - 4:15 Check out

send your rsvp to Jill Glennie at sas@shsbc.ca
phone: 604-209-7979

Discussion on What to Call the Group

- Bryce - What are we going to call ourselves? Network vs. Advocacy Group
- Doug Tennant, CEO of UNITI - What is a network? Provides support for each other, help one another, many people coming together as one voice, mutual support
- Jessica Humphreys- Community Living BC as a self advocate Advisor-need a collective voice around important issues, opportunity to raise the leadership, figure out where all the voices are and make a collective. CLBC can help play a role in helping with leadership. A collective voice can be formed in this group. Bring issues to the table and have all self advocacy groups working on the same things, all around the province self advocacy groups are all pushing for the same thing. Think of all the things that could happen

Decision is to use: Self-Advocate Leadership Network

Community Tool Box

www.ctb.ku.edu/en/structure/strategic-planning/vmosa/main

The SA Leadership Network used the Community Tool Box Website to help them plan their Vision and Mission at the Second Meeting. The questions you will see are from the website. They have been changed slightly to make sense for the Network.

Screenshot of the website:

Chapter 8
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Section 1. An Overview of Strategic Planning or "VMOSA" (Vision, Mission, Objectives, Strategies, and Action Plans)


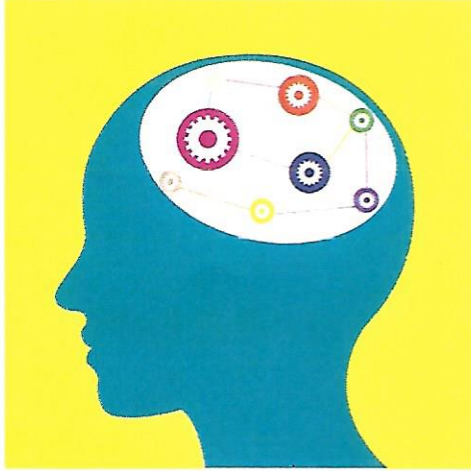
CHAPTER 8 SECTIONS

- Section 1: An Overview of Strategic Planning or "VMOSA" (Vision, Mission, Objectives, Strategies, and Action Plans)
- Section 2: Proclaiming Your Dream: Developing Vision and Mission Statements
- Section 3: Creating Objectives
- Section 4: Developing Successful Strategies: Planning to Win
- Section 5: Developing an Action Plan
- Section 6: Obtaining Feedback from Constituents: What Changes are Important and Feasible?
- Section 7: Identifying Action Steps in Bringing About Community and System Change

Main Section Checklist Examples Tools PowerPoint

Learn how to use VMOSA to take a dream and make it a reality by developing a vision, setting goals, defining them, and developing action plans.

- **WHAT IS VMOSA?**
- **WHY SHOULD YOUR ORGANIZATION USE VMOSA?**
- **WHEN SHOULD YOU USE VMOSA?**



Description from the website:

VMOSA (Vision, Mission, Objectives, Strategies, and Action Plans) is a practical planning process used to help community groups define a vision and develop practical ways to enact change. VMOSA helps your organization set and achieve short term goals while keeping sight of your long term vision. Implementing this planning process into your group's efforts supports developing a clear mission, building consensus, and grounding your group's dreams. This section explores how and when to implement VMOSA into your organization's planning process.

Planning the Vision: What is a Vision?

VISION (THE DREAM)

Your vision communicates what your organization believes are the ideal conditions for your community – how things would look if the issue important to you were perfectly addressed.

- From the Community Tool Box Website

Planning the Vision: Asking Questions

1. What is the dream for the community, what is your dream for people with diversabilities?
 - Accessibility for all
 - Adults treated like adults
 - Affordable housing for all
 - Self Advocates working full time
 - People with diversabilities respected and listened to
 - Equal value for equal work
 - Livable wage
 - People living their best life; based on what they want, freedom of choice
 - People have support
 - People know they are included
 - Know your history, history of the disability movement
 - That all people are looked at as person first and not their disability
 - People own their opportunities

Planning the Vision: Asking Questions

2. What would you like to see change?

- Be seen as adults
- Be seen as equal, valued contributor
- Attitudes to what is a full life
- Respect not pity
- Know your facts before you speak
- More education
- Being heard and understood
- Skills to know how to keep records/ more accountability /responsibility/research/ set goals and follow up
- People be informed on how to stand up and have their voice heard
- More accessibility in the community in a physical way
- Support me, empower me to make big life decisions(don't stand in my way)
- Right to direct my own life
- System supports people

3. What kind of disability focus do you want to create?

- See above
- Our movement should affect the world
- Informed networking movement
- Person centered, agenda directed by self advocates, supports, resources
- Movement includes experts or access to/allies

4. What do you see as the disability movements major issues?

- People are labelled
- Living wage
- Funding for initiatives
- Transportation-accessible, vehicles, vans
- Access the community *Citizenship*
- Affordable Housing

Planning the Vision: Asking Questions

5. What do you see as the disabilities movements, strengths and assets?

- Leaders taking initiative for things to happen
- Voices
- Support
- Role modelling
- On the right boards, committees, making system level changes

6. What should be the purpose of this effort? Why are we here?

- Good life
- Make changes
- Support each other to make change
- Be a team
- United front, combine our efforts to avoid duplication
- More inclusion, efficiency,
- Connect/network with other leaders
- We want to know what everyone is doing, we need to share and inform each other as to what is happening.

7. Why do we have to be the one to do it?

- Because of the people that will be invited already have trust and credibility
- Focused on helping the community
- Established community leaders
- This group will be designed to attract established community leaders and use skills acquired over the years
- Group made up of a strong voice, established connections

Planning the Vision: Asking Questions

network
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8. What would success look like?

- We do what we say- there is action, success
- Seen as trusted, reliable, accountable
- Reporting and sharing
- See change, helping movement go forward
- Value/seen as contributors
- Authority in our own lives, government comes to us on all things disability related

9. What are the themes?

- Empowerment
- Awareness
- Credibility
- Accountability
- Respect
- Trust
- Valued contributors
- Accessibility and inclusion

Planning the Vision: Creating Statements

There are certain characteristics that most vision statements have in common. In general, vision statements should be:

- Understood and shared by members of the community
- Broad enough to encompass a variety of local perspectives
- Inspiring and uplifting to everyone involved in your effort
- Easy to communicate - for example, they should be short enough to fit on a T-shirt

- From the Community Tool Box Website

Vision Statements for the Self-Advocate Network:

- Together as one
 - One community for all
 - everybody included, everybody collaborating
- Community for all
 - a. Accessibility for all
 - b. Affordable housing
 - c. employment
- Equal people
 - a. Adults treated like adults
 - b. people with disabilities respected
- Learning from History
 - a. Respect, maintain, history, roots, aware, facts, preserve

Planning the Mission Statement

MISSION (THE WHAT AND WHY)

Developing *mission statements* are the next step in the action planning process. An organization's mission statement describes *what* the group is going to do, and *why* it's going to do that. Mission statements are similar to vision statements, but they're more concrete, and they are definitely more "action-oriented" than vision statements. Some general guiding principles about mission statements are that they are:

- *Concise.* Although not as short a phrase as a vision statement, a mission statement should still get its point across in one sentence.
- *Outcome-oriented.* Mission statements explain the overarching outcomes your organization is working to achieve.
- *Inclusive.* While mission statements do make statements about your group's overarching goals, it's very important that they do so very broadly. Good mission statements are not limiting in the strategies or sectors of the community that may become involved in the project.

- From the Community Tool Box Website

To promote a good life through positive and informed:
actions, networking and advocacy.

Self-Advocate Leadership Network

Vision:

- Together as One
- Community for All
- Learn from History
- Equal People

Mission:

To promote a good life through positive and informed: actions, networking and advocacy.

Email Addresses for the Organizations Represented at the Meeting

Mission Self-Advocacy Group

Bryce_schaufelberger@msn.com

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