

Some Examples of Things Self Advocates Do

TALKING

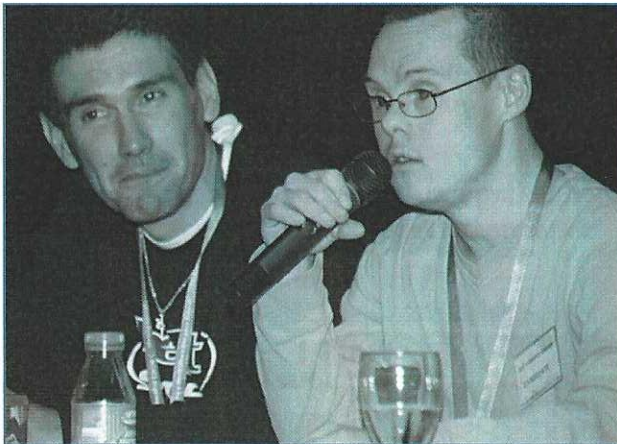
Many people will come to the group wanting to talk about all sorts of things.

Some of these may involve taking action at some stage. Other issues may be things that are useful just to talk about together.

For example:

One group spent time talking together about how they felt about being labelled with words like 'handicapped'.

They discussed newspaper items about people with disabilities and things people had seen on the television.



Summary



The Agenda

An agenda is a list of items that the group wants to discuss at their meeting.

The group's officers should work out an agenda before the meeting.

Other members of the group should be able to add items to the agenda at the beginning of the main meeting.

Put the agenda up on the wall before the meeting starts.

Add pictures so that people who aren't able to read will be able to follow the agenda.

Ask for someone to read out the agenda outloud at the start of the meeting.

REMEMBER — don't make the agenda too long or you won't be able to talk about all the items.